



Profile: What do you want out of life

What do you want out of your life?

Write your answers, notes, ideas and thoughts below. Don't worry about what anyone else will think, only what is important to you!

Environment: What kind of environment do you thrive in? Where do you want to live? What type of neighborhood is important to you? Where is your ideal area to live in?

Financial: What kind of income do you need to support yourself and your family? What financial goals do you have for your future?

Family/Social: Is family important to you? How many vacations do you want to take with your family? Do you want flexibility to attend school plays? Assemblies? Field trips?

Personal Development/Growth: What do you want to focus on personally? What areas do you want to learn and grow in? How will you do so? Books? Events? Courses? Coaching?

Physical Fitness/Health: What type of fitness program do you want to have? What kind of exercise do you want to do? What do you want to look like? How much energy do you want to have?